

# Social Adult Day Care Center



*"I would like to thank you for making my mom feel at home. My stress level has decreased and my mom's life has a purpose. We all benefit. Thank you!" – Lisa D.*

**Try our program for a week  
FREE!**



2300 Catherine St., Cortlandt Manor, NY 10567  
914-739-2244  
www.FIELDHOME.com

FIELDHOME's New Social Adult Day Care Program is the perfect solution for seniors who need assistance but would like to continue living at home. Our program is designed to provide the high quality social, nutritional, and daily living services your loved one needs in a safe, supportive and stimulating environment. This allows you, the caretaker, to go to work or take a break from your care-giving responsibilities and *have the peace of mind knowing that your loved one is being well taken care of.*

## Activities

Socialization, as well as mental and physical stimulation, becomes even more important as we age. Our Recreation Coordinator plans a variety of social, intellectual, cultural and educational group activities based on the individual interests of our participants.

## Plus Intergenerational Activities

Participants also enjoy weekly activities with the children from The Early Learning Center, Fieldhome's on-campus child care center.

## Nutritious Meals

A Registered Dietician oversees the daily menu, which includes a nutritious breakfast and lunch, as well as snacks.

## Optional Services Available

Barber/Beauty Shop  
Personal Hygiene and Grooming

**Transportation is Available!**



## Program Hours

Monday – Friday 8:00 AM to 4:00 PM  
Extended Hours to 6:00 PM

Participants can stay for just a few hours for \$10 per hour (\$30 minimum) or for the whole day, and can come one to five days a week.

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Contact Samantha D'Avella, LMSW, Director  
(914) 739-2244 x 5210  
Fax: (914) 301-9082  
sdavella@fieldhome.com

**Click Here** to Download an  
Application for the Adult Day Care Program